THE H DUBAI

QUANTUM HEALTH CLUB PELOTON BIKE STUDIO

DON'T WISH FOR IT WORK FOR IT

ENROLL NOW

Weekdays 6.00 AM - 10.00 PM
Weekends 9.00 AM - Sunset
4th FLOOR, THE H DUBAI

The H Dubai | One Sheikh Zayed Road | hhoteldubai.com
+971 4 501 8888 | quantum.dubai@h-hotel.com

QUANTUM health club • PELOTON

We are open with strict compliance to social distancing & safety guidelines so you can work out stress free. Swimming Pool is open from 9 AM to Sunset. Mandara Spa is open from 10.00 AM - 9.00 PM.

QUANTUM MEMBERSHIP RATES 2020

Rates - Single/Double	1 Yr	6 Ms	3 Ms	1 M
Old rates	~~6,900~~	~~4,740~~	~~2,910~~	~~1,390~~
New discounted rates	4,500 (2 Months FOC)	2,299 (1 Month FOC)	1,200 (15 Days FOC)	499

Benefits	1 Yr	6 Ms	3 Ms	1 M
No joining fee	✓	✓	✓	✓
Free extension period	2 Months	1 Month	15 Days	X
Complimentary usage of pool facilities	✓	✓	✓	✓
Complimentary health screening	Unlimited	Unlimited	1	1
1 complimentary Muscle Ease massage	95 Mins	65 Mins	45 Mins	30 Mins
AED 100 F&B voucher. Conditions apply	1	X	X	X
Discount on F&B in selected hotel outlets up to 4 pax	25%	25%	25%	25%
Discount on Mandara Spa treatments	20%	20%	X	X
Discount on swimming classes & personal training sessions	20%	15%	10%	5%
Renewal Discount (on or before of membership expiry)	10%	5%	5%	5%
Free valet parking valid for 3 hours only	✓	✓	✓	✓

POOL ENTRANCE RATES 2020

Day Use	Adults	Children
Full access (Gym & Pool) Spend AED 75 on F&B - Swim & lounge for free.	175	Free

PELOTON RATES 2020

Single session and package	Member/Hotel Guest/ Office Tower Employee	Walk-in
One session (30 mins)	35	40
One session (45 mins)	40	45
One Session (60 mins)	45	50
8 sessions package (30 mins)	245	280
8 sessions package (any duration)	280	315
20 sessions package (any duration)	720	810

SWIMMING CLASSES RATES 2020

Single session and package	Walk-in
One session (30 mins)	150
One session (60 mins)	230

PERSONAL TRAINING SESSIONS 2020

Single session and package	5 Ss	10 Ss	20 Ss
Single	750	1,400	2,500

All prices are in AED and inclusive of 7% municipality fees, 10% service charge and 5% VAT. The membership and packages are non refundable or non transferable

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